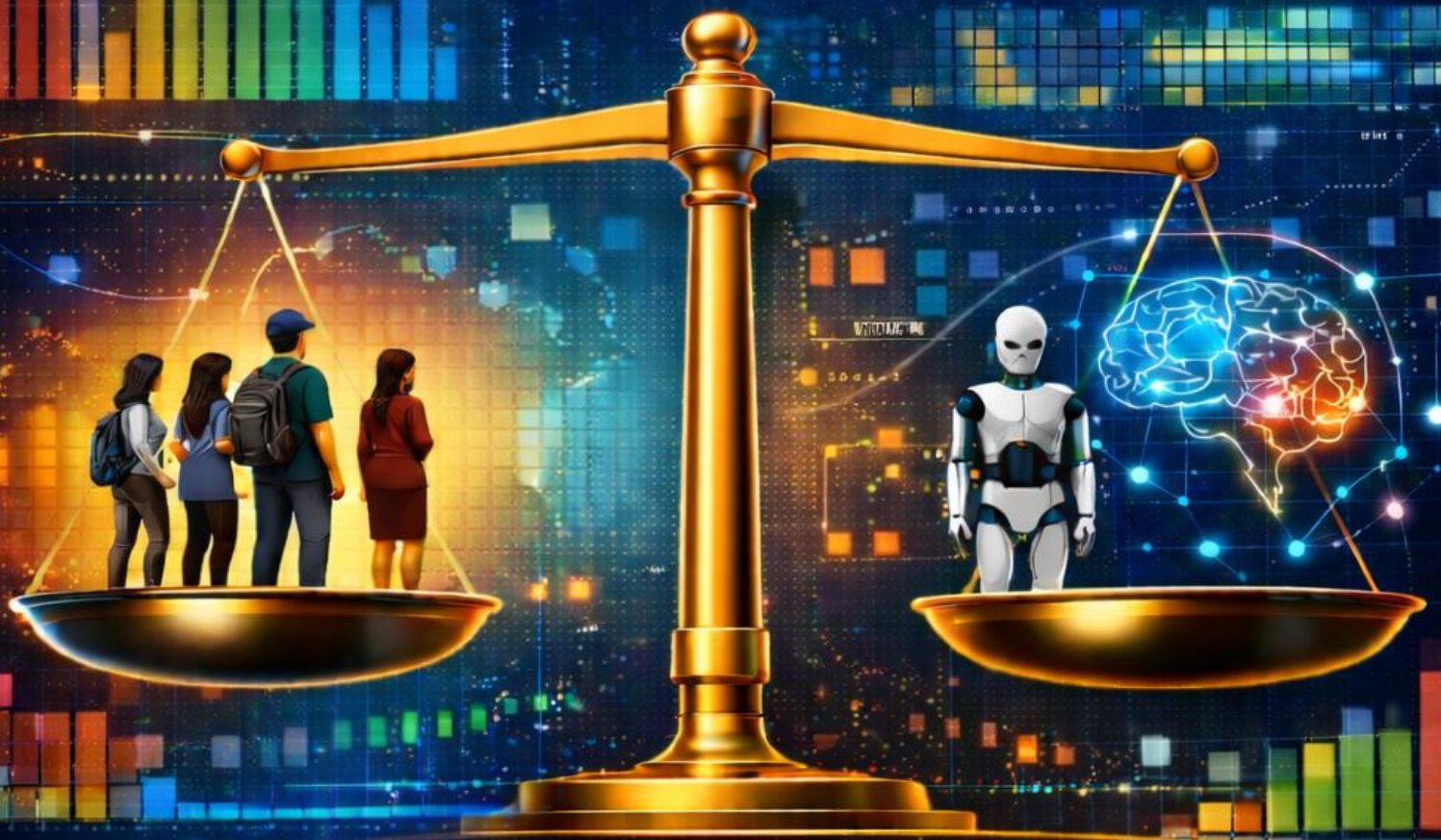


ARTIFICIAL INTELLIGENCE AND STATISTICAL APPROACHES

FOR ENHANCING STUDENT MOTIVATION,
MENTAL HEALTH, AND EDUCATIONAL EQUITY



Edited by
Dr. Gürkan Sarıdaş
Prof. Jayanta Mete
Dr. Rimmi Datta
Sreelogna Dutta Banerjee

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Artificial Intelligence and Statistical Approaches for Enhancing Student Motivation,
Mental Health, And Educational Equity

Dr. Gürkan Sarıdaş, Prof. Jayanta Mete, Dr. Rimmi Datta, Sreelogna Dutta Banerjee

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ABOUT THE BOOK

This edited volume, “*Artificial Intelligence and Statistical Approaches for Enhancing Student Motivation, Mental Health, and Educational Equity*”, makes a significant and timely contribution to contemporary educational discourse by bringing together scholars from different institutions and disciplinary backgrounds to examine how artificial intelligence, data analytics, and statistical methods may be applied to improve educational processes and learner outcomes. Rather than treating artificial intelligence as a purely technical instrument, the volume adopts a broader educational perspective in which technology is considered in relation to student motivation, emotional wellbeing, fairness, inclusion, classroom practice, institutional preparedness, and social responsibility. The chapters address several pressing concerns in present day education, including the need to make algorithmic systems culturally responsive and ethically accountable, the role of explainable artificial intelligence in supporting learning in areas such as medical statistics, the possibilities of collaboration between teachers and generative artificial intelligence within blended pedagogy, the transformation of literature teaching and digital classrooms, and the use of early warning systems to identify learners at risk before disengagement becomes more severe. At the same time, the book remains grounded in the practical conditions of educational systems by engaging with issues such as teacher preparedness, statistical literacy, inequalities in digital infrastructure, and the wider institutional requirements for responsible technology adoption in schools and higher education. A major strength of the volume lies in its refusal to regard academic achievement as an isolated educational outcome. Instead, it consistently emphasizes that meaningful education must attend to the learner as a whole person whose performance is shaped by psychological wellbeing, a sense of belonging, motivation, access, and socio-cultural context. In doing so, the book moves beyond uncritical enthusiasm for technological innovation and offers a balanced scholarly perspective that recognizes both the promise and the limitations of artificial intelligence in education. It raises important ethical concerns, including algorithmic bias, privacy, transparency, and equity, while also showing how statistical approaches can contribute not only to measurement and prediction but also to more just and inclusive educational planning. Collectively, the contributors argue that the future of education will depend not on replacing teachers with machines, but on developing thoughtful relationships between human judgment and technological support in ways that strengthen pedagogy, critical reflection, and inclusive development. The range of the volume is also noteworthy, extending from school education to higher education, from classroom practice to policy concerns, and from conceptual discussion to applied educational research. For this reason, the book will be of value to teacher educators, researchers, policy makers, postgraduate students, and others interested in the changing relationship between education, technology, and social equity. Overall, the volume stands as an important scholarly contribution to understanding educational change in an age shaped by artificial intelligence, while persuasively maintaining that innovation must remain connected to human values, ethical responsibility, and the democratic promise of educational opportunity for all.

Foreword

In recent years, the rapid advancement of artificial intelligence and data-driven methodologies has profoundly reshaped the landscape of education. While these developments offer unprecedented opportunities to enhance learning processes, they also raise critical questions regarding equity, ethics, and the holistic development of learners. This volume, *Artificial Intelligence and Statistical Approaches for Enhancing Student Motivation, Mental Health, and Educational Equity*, emerges as a timely and significant contribution to these ongoing discussions.

What distinguishes this book is its commitment to moving beyond a purely technical understanding of artificial intelligence. Rather than treating AI as an isolated computational tool, the contributors collectively frame it as a socio-educational phenomenon—one that interacts with student motivation, psychological well-being, cultural context, and issues of fairness. This perspective is particularly important in an era where educational success can no longer be reduced to performance metrics alone.

The chapters in this volume reflect a rich interdisciplinary dialogue. They explore diverse yet interconnected themes, including culturally responsive AI, explainable artificial intelligence in education, teacher preparedness, early warning systems, and the ethical implications of algorithmic decision-making. Importantly, the book does not adopt an uncritical stance toward technological innovation. Instead, it offers a balanced and nuanced perspective, acknowledging both the transformative potential of AI and the risks it poses in reproducing existing inequalities.

The central strength of this volume lies in its human-centered approach. It consistently emphasizes that meaningful education must address the learner as a whole, recognizing that motivation, mental health, and a sense of belonging are integral to academic success. In doing so, the book aligns with a growing body of research advocating for more inclusive, equitable, and ethically grounded educational systems.

Furthermore, the integration of statistical approaches with artificial intelligence provides a robust methodological foundation. By bridging theoretical frameworks with empirical analysis, the book offers valuable insights for researchers, practitioners, and policymakers alike. It encourages readers to critically engage with data, question underlying assumptions, and consider the broader implications of algorithmic systems in educational contexts.

This volume will undoubtedly serve as a valuable resource for scholars in education, educational technology, and data science, as well as for teacher educators, policymakers, and graduate students. More importantly, it invites readers to rethink the role of technology in education—not as a replacement for human judgment, but as a tool that must be guided by ethical responsibility, cultural awareness, and a commitment to social justice.

As the field continues to evolve, the questions raised in this book will become increasingly central: How can we design AI systems that are not only accurate, but also fair? How can data-driven approaches support, rather than undermine, student well-being? And how can educational innovation remain grounded in human values?

This volume does not claim to provide definitive answers. Instead, it offers a critical and constructive framework for thinking about these challenges. In doing so, it makes an important contribution to shaping the future of education in an age defined by artificial intelligence.

Dr. Gürkan Sarıdaş

PREFACE

It is with great pleasure that we present this edited volume, *Artificial Intelligence and Statistical Approaches for Enhancing Student Motivation, Mental Health, and Educational Equity*, which brings together a wide range of scholarly perspectives on one of the most significant developments in contemporary education. Across classrooms, institutions, and policy contexts, emerging technologies are influencing teaching, learning, assessment, inclusion, and student support. However, their educational value must always be considered in relation to ethics, equity, wellbeing, and human responsibility. The chapters included in this volume reflect this broader perspective. They address themes such as culturally responsive educational innovation, explainable approaches to teaching and learning, blended pedagogy, teacher preparedness, digital inequality, institutional readiness, student motivation, mental health, social responsibility, and new practices in science and higher education. Collectively, these contributions demonstrate that educational technology should not be understood merely as a technical instrument, but as a social and pedagogical force that can either deepen existing inequalities or contribute to more humane, inclusive, and responsive systems of education. This volume therefore aims to promote both critical reflection and constructive engagement. It also recognizes the essential role of teachers, researchers, families, and institutions in shaping responsible educational futures. The book is intended for researchers, teacher educators, practitioners, policy thinkers, and students who seek to understand how technological and statistical approaches may be used responsibly to expand educational opportunity and support learner wellbeing. We hope this volume will encourage meaningful dialogue, interdisciplinary inquiry, and ethically grounded educational innovation for a future in which technology remains guided by human values, social justice, and the holistic development of every learner.

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